

Beyond Sports Taekwondo Calendar 2023*

* We reserve the right to make adjustments as needed. Updated 1.31.2023

| January-23 | | | | | | |
|------------|----|----|----|----|----|-----|
| S | M | T | W | T | F | S |
| 1 | H | 3 | 4 | 5 | 6 | BBP |
| 8 | 9 | 10 | 11 | 12 | 13 | BBP |
| 15 | H | 17 | 18 | 19 | 20 | BBP |
| 22 | 23 | 24 | 25 | 26 | 27 | T3 |
| 29 | 30 | 31 | | | | |

| February-23 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | H | 18 |
| 19 | H | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | | | | |

| March-23 | | | | | | |
|----------|------|--------|----|------|-----|----|
| S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | PW | 11 |
| 12 | H | 14 | 15 | 16 | 17 | 18 |
| 19 | Prep | F1/B/A | P | F2/I | MUT | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |

| April-23 | | | | | | |
|----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 2 | H | H | H | H | H | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | H | 25 | 26 | 27 | 28 | 29 |

| May-23 | | | | | | |
|--------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | H | 30 | 31 | | | |

| June-23 | | | | | | |
|---------|------|--------|----|------|-----|----|
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | PW | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | Prep | F1/B/A | P | F2/I | RAC | 24 |
| 25 | H | H | H | H | H | 1 |

Color Key

| | |
|--|-------------------------|
| | Techniques Week |
| | Poomsae (Forms) Week |
| | Kicks Week |
| | Self Defense Week |
| | Kick Combos Week |
| | Review Week |
| | Color Belt Testing Week |

Letter Key

| | |
|---------------|--|
| H | Holiday**, No Regular Classes |
| PW | Testing Paperwork Due by 5pm |
| T1 | Trial 1 Black Belt Testing |
| T2 | Trial 2 Black Belt Testing |
| BBP | Trial 3 Black Belt Testing Prep |
| T3 | Trial 3 Black Belt Testing |
| Prep | Testing Prep Class from 4-7pm (\$35) |
| F1/B/A | Foundations 1 CBT, Basic CBT, Advanced CBT |
| P | Black Belt Prelims |
| F2/I | Foundations 2 CBT, Intermediate CBT |
| RAC | Rank Advancement Ceremony (& Make-up CBT) |

| July-23 | | | | | | |
|---------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 2 | H | H | H | H | H | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | H | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

| August-23 | | | | | | |
|-----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

| September-23 | | | | | | |
|--------------|------|--------|----|------|-----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | H | 5 | 6 | 7 | PW | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | T1 |
| 17 | Prep | F1/B/A | P | F2/I | RAC | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| October-23 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | H | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | H | H | 21 |
| 22 | H | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | H | | | | |

| November-23 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | H | H | H | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

| December-23 | | | | | | |
|-------------|------|--------|----|------|-----|----|
| S | M | T | W | T | F | S |
| | | | | | PW | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | T2 |
| 10 | Prep | F1/B/A | P | F2/I | RAC | 16 |
| 17 | 18 | 19 | 20 | 21 | H | 23 |
| 24 | H | H | H | H | H | 30 |

January-24

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|-----|
| 31 | H | H | H | H | H | BBP |
| 7 | 8 | 9 | 10 | 11 | 12 | BBP |
| 14 | H | 16 | 17 | 18 | 19 | BBP |
| 21 | 22 | 23 | 24 | 25 | 26 | T3 |
| 28 | 29 | 30 | 31 | | | |

Dates to Remember*

- March 25: Spring Wasatch
- May 13: Sparring Seminar
- Jun 19-23: Belt Jump Camp
- Jun 26-30: Leadership Conference (12yrs+)
- Aug 12: Back to School Party

**Holidays are based on the Alpine School District Calendar & are factored into our curriculum schedule & tuition costs.